

ALESYA COURTNAGE, MA, PhD (c), RP

136 Grant Blvd
Dundas, ON L9H 4J6
(289) 439-7503
alesya@acourtage.com
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EDUCATION

PhD (Social Work) Wilfred Laurier University	2017 - present Kitchener, ON
Master of Arts, Creative Arts in Therapy and Counselling Drexel University College of Nursing and Health Professions	2001 Philadelphia, PA
Certificate, Solution Focused Brief Therapy University of Toronto Department of Social Work	2009 Toronto, ON
Bachelors of Music Brandon University	1998 Brandon, MB

CLINICAL WORK EXPERIENCE

Psychotherapist Private Practice	2016-present Waterdown, ON
Child and Family Therapist The Etobicoke Children's Centre	2003-present Etobicoke, ON
Counsellor Mohawk College	2014-October, 2015 Hamilton, ON

RELEVANT TEACHING EXPERIENCE

TA, Practice with Individuals BSW Program, Wilfred Laurier University	January 2018 Brantford, ON
TA, Reflexivity and Ethical Practice MSW Program, Wilfred Laurier University	September 2017 Kitchener, ON
Instructor, Single Session Therapy in Difficult Times	January 2018 Windsor, Ontario
Instructor, Single Session Therapy in Complex Situations	November, 2017 Six Nations, Brantford

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Instructor, Single Session Therapy

September, 2017
Weechi it-te-win Family
Services, Fort Frances

**Instructor, OISE University of Toronto
Continuing Education**

*"Mindfulness and Solution Focused Theory: An Integrated Approach
To Coping, Acceptance and Self-Care"*

2015- Present
Toronto, ON

Instructor, Safeguards Training for Children and Adult Services

*"Single Session Therapy with Challenging Cases: Making the
Most Difference in the Least Time"*

December 2016
Kingston, ON

Facilitator/Trainer

Kids Help Phone Line/ Jeunesse j'écoute

May 2015
Montreal, PQ

Co-Facilitator/Trainer

Dr. Ron Warner and Associates

Kids Help Phone Line

2014, 2015
Toronto, ON

Course Development

"Strengths Based Communication", Mohawk College

2014
Hamilton, ON

Ethics Chair

Canadian Association for Music Therapy

2004-2006

Treasurer, Executive Board

Ontario Coalition of Mental Health Professionals

2003-2006

RESEARCH, PRESENTATIONS AND PUBLICATIONS

"Single Session and Very Brief Therapy"

Keynote Speaker – Pediatric Nurses Interest Group

2018
Toronto, ON

Keynote speaker "Reflexivity in Solution Focused Brief Therapy"

Workshop - The Solution Focused University Conference

2018
Niagara-on-the-Lake, ON

***"In Transition: Exploring Music Therapy Interventions with
Children in Kinship Care"***

Workshop - Canadian Association of Music Therapy Conference

2009
Ottawa ON

"Crossing Lines: The Ethics of Inter-agency Cooperation"

Presenter - Music Therapy Association of Ontario AGM

2008
Guelph, ON

***"The Effects of Live Singing on the Oxygen Saturation Levels, Heart
Rate and Respiration Rate of Premature and Low Birth Rate Infants
on the Neonatal Intensive Care Unit"***

Graduate Thesis, Drexel University

2001
Philadelphia, PA

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- "Music Therapy in the Neonatal Intensive Care Unit"** 2001
Newsletter of the Infant Mental Health Promotion Project
(Publication of the Department of Psychiatry & Community Health
Systems Resource Group, The Hospital for Sick Children) Toronto, ON
- "Providing Rationale for the Use of Infant Directed Singing"** 2000
Chapter from Leowy, J. (2000). *Music Therapy in the Neonatal Intensive
Care Unit*. Satchnote
- "Providing Rationale for the Use of Infant Directed Singing"** 2000
Presentation at the Colloquium on the Use of Music Therapy in the
Neonatal Intensive Care Unit, Beth Israel Medical Center New York, NY

AWARDS AND CERTIFICATIONS

- Registered Psychotherapist (R.P.)** 2015
College of Registered Psychotherapists of Ontario
- Certified Solution Focused Therapist (C.S.F.T.)** 2015
Canadian Council of Professional Certification
- Canadian Certified Counselor (C.C.C.)** 2013
Canadian Counseling and Psychotherapy Association
- Award for Excellence in Research** 2001
Drexel University