



Alexey Mikhalsky

Moscow, Russia. Ed.D., MA, certified clinical psychologist, systemic family therapist. Member of EBTA, IFTA, Russian Psychotherapy Association, CBT Association (Russia).

Psychotherapist at Systemic Family Therapy Center (Moscow). Private practice. Senior Research Fellow, "Center For Cognitive Science In Education" (Moscow State Pedagogical University). Lecturer in MSPU since 2009.

First meeting with SF - in Prague 1996, with Insoo and Steve and other beautiful people (Boyan also! :) Alexey is interested in various psychotherapy approaches, has visited seminars with Arthur Freeman (CBT), Dr Joe Oliver (ACT), Ben Furman, Giorgio Nardone et.al. Main research interests: psychotherapy effectiveness, history of therapy as seen through systemic and constructionist eyes.

Books: "Psychology of Constructing the Future" 2014, "SFBT - Solution-Focused Brief Therapy" (the title is in Russian translation), Moscow 2015, "Psychology of Time (Chronopsychology)" 2016. In 2016 organized conference and edited the contributions collection: "Constructing the Future in Education and Psychology". The articles cover research issues in the field of psychology of constructing the future, anticipation and time psychology.