

Carol E. Buchholz Holland, Ph.D., NCC
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Biography

Carol E. Buchholz Holland, Ph.D., is an associate professor and the school counseling coordinator in the Counselor Education graduate program at North Dakota State University in Fargo, North Dakota, USA. Carol is a National Certified Counselor (NCC), and is a former licensed professional counselor and school counselor. Recently she was selected as a fellow of the Oxford Symposium for School-Based Family Counseling. Carol served as the 2014-15 President of the North Dakota Association for Counselor Education and Supervision, and the 2013-14 President of the North Dakota School Counselor Association. Carol has presented internationally and throughout the United States on topics that pertain to the solution-focused approach. Her research areas include solution-focused applications in school settings, and creative solution-focused and strength-based counseling practices. She is also interested in exploring fun ways of incorporating multisensory science activities into individual and group counseling sessions.