



Flavio Cannistrà, MS, PsyD

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Nationality: Italian

Main Education and Training

- 2018 BRIEF, London, UK
Advanced training in Solution Focused Brief Therapy
- 2016 MRI, Palo Alto, CA
Training in Single Session Therapy, workshop held by Michael Hoyt, PhD
- The Bouverie Center, Melbourne (Australia)
Training in Single Session Therapy
- 2015 Italian Society for Hypnosis, Rome, Italy
Postgraduate Course (post-MA) in Hypnosis and Ericksonian Psychotherapy
- 2014 Strategic Therapy Centre, Arezzo, Italy
Postgraduate School (PsyD) in Brief Strategic Therapy
- 2009 University "Sapienza", Rome, Italy
Master (MS) in Psychodynamic and Clinical Psychology
- 2007 University "Sapienza", Rome, Italy
Bachelor (BS) in Psychology
- 2001 Scientific High School "G. Peano", Rome, Italy
Secondary School specializing in Scientific Studies

Main Work Experience

October 2017

Single Session Therapy workshop with Michael Hoyt, PhD

Taught with Michael Hoyt in Rome, workshop for licensed psychologists and psychotherapists

March 2016 - present

Italian Center for Single Session Therapy

Founded the ICSST, the first Italian Center dedicated to research, training and divulgation about Single Session Therapy. Organized and taught many workshop in Italy for licensed psychologists and psychotherapists.

July 2015 – December 2015

Firera & Liuzzo Publishing, Rome

Handling a monthly column for psychologists and psychotherapists, writing about technics and strategies in brief therapy.

October 2013 – December 2014

International Association for Public Security and Environmental and Health Assistance (AISPATS), Fonte Nuova (Rome)

Training women and girls to emotional defense from violence and abuse.

September 2013 – January 2014

Faculty of Nursing, University "Tor Vergata", Rome

Held dynamic lessons and exams for students, on General Psychology topics: Communication and Language, Sensations and Perceptions, Intelligence and Emotions.

December 2011 – July 2013

Local Health Trust, Guidonia (Rome)

Held several courses training health workers (doctors, nurses, physiotherapists etc.) about strategies and tactics of effective communications with patients and colleagues.

February 2011 – July 2013

Local Health Trust, Guidonia (Rome)

Worked as voluntary psychologist, treating every week patients with several diseases (borderline, psychotic, OCD etc.) and managing therapeutic groups.

October 2010 – present

Private practice

Seeing every week patients offline and online, doing brief strategic therapy and hypnosis.

Working with adults and couples. Teaching in courses and workshops open to the public.

March 2005 – August 2005

Local Health Trust, Tivoli (Rome)

Worked as assistant psychology, seeing individual, couples and family every week.

Publications

2018 – Manuale italiano di Terapia a Seduta Singola (Italian Handbook of Single Session Therapy)

with Federico Piccirilli (eds.)

The first Italian book about SST, with principles, practices, cases and research. Michael Hoyt, Moshe Talmon and Jeff Young's contributes inside.

Giunti publisher.

2018 - A violent life. Chapter in M.F. Hoyt & M. Bobele (Eds.) (in preparation)

Chapter for the book “Creative Therapy in Challenging Situations: You Said WHAT?”, by M.F. Hoyt & M. Bobele.

Routledge publisher.

2017 – Aiutami a crescere (Help me to grow up. Strategic guide for infant and adolescence problems)

with Franca Scarlaccini and Tania da Ros

A brief therapy’s approach to help therapists who work with children and adolescents.

EPC publisher.

2015 – Come difenderti dagli psico-esperti (How to defend yourself from the psycho-experts)

A brief manual for who want to understand psychology and psychotherapy.

Firera & Liuzzo Publishing.