

Dr. **Giada Pietrabissa** is Postdoctoral Research Fellow and adjunct professor at the Catholic University of Milan.

She also works as research psychologist in the Clinical Psychology Lab and Service at the Institute for Treatment and Research (IRCCS) - Istituto Auxologico Italiano, where she provides individual counseling and motivational-based group interventions for people with eating disorders, obesity, and other chronic conditions.

She has experience of using a variety of therapeutic approaches including brief strategic and systemic therapy, single session therapy, motivational interviewing, and schema-focused therapy.

As part of her research activity she investigates factors and beliefs predicting reluctance to seek treatment among patients with obesity, eating disorders and cardiovascular diseases, with the aim of developing new approaches to improve individuals' compliance to treatment motivating patients to make behavioural change. She has also completed several investigations on methods and assessment tools in clinical psychology and psychotherapy, and she is strongly interested in services using information and communication technologies for improving prevention, diagnosis, treatment, monitoring and health management.

She is member of the Italian Association of Psychology (AIP), of the Italian Scientific Society for the Study of Eating Disorders and Obesity (SIS-DCA), of the Society for Psychotherapy Research (SPR), and of the International Academy of Body Image, Eating Problems and Health.

She is Associate Editor for the *Frontiers in Psychology for Clinical Settings* – peer reviewed journals.

She is author of a number of articles published in peer reviewed journals and book chapters.