

## Helene Dellucci

PhD is psychologist, family therapist, EMDR practitioner and consultant, teaching Solution Focused Psychotraumatology at Lorraine University and throughout Europe. She works in Geneva (Switzerland) in private practice with complex trauma and dissociative disorder clients and their families.

Helene has developed the 'Letters Protocol' (Dellucci, 2009; 2017a) which is a procedure stemming from EMDR for targeting specifically relationship trauma, the 'Gear Box' (Dellucci, 2010; 2017b) which is an integrative two-axis EMDR treatment structure for complex trauma, and the 'Collage of the Symbolic Family' (Dellucci & Bertrand, 2012) which is a tool aiming to reach relationship stability.

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